

# March 2024

## Elementary Kids Café Lunch

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



### DID YOU KNOW?

Alexander Graham Bell made the first ever phone call on March 10th, 1876.  
He called his assistant and said "Mr. Watson, come here. I want to see you."

**Mozzarella Sticks** 4  
W/ Marinara Sauce  
Steamed Broccoli Florets,  
**Mixed Fruit Cocktail**  
Fat Free Milk  
**ALTERNATE ENTRÉE**  
Bagel & Yogurt Meal

**Grilled BBQ Chicken Breast** 5  
**WG Roll W/ Lettuce & Tomato, Smile Fries, Honey Dill Carrots**  
Apple Slices  
**ALTERNATE ENTRÉE**  
Grilled Cheese

**WG Ziti & Beef Meatballs** 6  
W/ Spaghetti Sauce  
Romaine Salad, **WG Roll**  
**Peach Cup, Fat Free Milk**  
**ALTERNATE ENTRÉE**  
Bagel & Yogurt Meal

**Popcorn Chicken** 7  
Sweet Potato Fries  
Buttery Corn  
**Apple Sauce**  
Fat Free Milk  
**ALTERNATE ENTRÉE**  
Bagel & Yogurt Meal

**French Bread Pizza** 1  
**Cheese or pepperoni**  
Fresh Red & Green  
Pepper Strips W/Dip  
**Apples, Fat Free Milk**  
**ALTERNATE ENTRÉE**  
Sun butter & Jelly

**Wild Mike's Ultimate Pizza** 8  
Garden Salad W/  
Spinach & Tomatoes,  
**Assorted Fresh Fruit**  
Fat Free Milk  
**ALTERNATE ENTRÉE**  
Sun butter & Jelly

**Chicken Tenders** 11  
Smile Fries  
Seasoned Carrots  
**Tropical Fruit Mix**  
Fat Free Milk  
**ALTERNATE ENTRÉE**  
Bagel & Yogurt Meal

**Nachos W/ Beef & Cheese Sauce** 12  
Tomatoes, Shredded  
Lettuce, Salsa, Corn  
**Fruit Cup, Fat Free Milk**  
**ALTERNATE ENTRÉE**  
Grilled Cheese

**Hot Dog on a WG Bun, Sweet Potato Tots, Baked Beans, Oranges** 13  
Fat Free Milk  
**ALTERNATE ENTRÉE**  
Bagel & Yogurt Meal

**Cheese Stuffed Breadsticks W/ Marinara Sauce, Fresh Red & Green Pepper Strips W/Dip, Pears, Fat Free Milk** 14  
**ALTERNATE ENTRÉE**  
Sun Butter & Jelly

**Professional Development** 15  
  
No School

**BBQ Rib Sandwich** 18  
**WG Hoagie Roll, Baked Fries, Seasoned Green Beans, Apple Sauce**  
Fat Free Milk  
**ALTERNATE ENTRÉE**  
Bagel & Yogurt Meal

**American Chop Suey WG Pasta & Spaghetti Sauce, Romaine Salad, WG Roll, Peach Cup, Fat Free Milk** 19  
**ALTERNATE ENTRÉE**  
Grilled Cheese

**Grilled Cheese on WG Bread, Tomato Soup, Carrot Sticks W/ Ranch Dip, Apple slices** 20  
Fat Free Milk  
**ALTERNATE ENTRÉE**  
Bagel & Yogurt Meal

**Meatball Grinder** 21  
On a **WG Hoagie Roll**  
W/ **Mozzarella Cheese, Roasted Broccoli, Grapes**  
Fat Free Milk  
**ALTERNATE ENTRÉE**  
Grilled Cheese

**Tony's Pizza** 22  
**Cheese or pepperoni**  
Garden Salad W/  
Spinach & Tomatoes,  
**Mixed Fruit Cup**  
Fat Free Milk  
**ALTERNATE ENTRÉE**  
Sun butter & Jelly

**Beef Hamburger** 25  
**WG Roll W/ Cheese or Plain, Lettuce & Tomato, Sweet Potato Fries, Peach Cup**  
Fat Free Milk  
**ALTERNATE ENTRÉE**  
Bagel & Yogurt Meal

**Cheesy Chicken Fajitas W/ WG Soft Shell Tortillas Salsa & Sour Cr., Pepper Strips Mexicali Corn, Oranges** 26  
Fat Free Milk  
**ALTERNATE ENTRÉE**  
Grilled Cheese

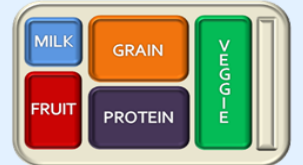
**Breakfast for Lunch** 27  
**Egg Patty & Cheese on a WG Croissant, Hash Brown Rounds, Cucumber Coins, Raisins, Milk**  
**ALTERNATE ENTRÉE**  
Bagel & Yogurt Meal

**Boneless Chicken Drumsticks** 28  
Smile Fries, Green Beans  
**Tropical Fruit Mix**  
Fat Free Milk  
**ALTERNATE ENTRÉE**  
Grilled Cheese

**No School** 29

### What Makes a Lunch?

Select 3-5 Components



One must be a



Students MUST take AT LEAST 3 out of 5 meal components to be considered a complete meal. A  $\frac{1}{2}$  cup Fruit or  $\frac{1}{2}$  cup vegetable is MANDATORY W/ a meal. The 5 components to choose from are: Meat/Meat Alternate, Grain, Milk, Fruit, and Vegetable.

Milk is FREE W/ a School Meal.  
Purchased separately Milk is \$ .60.

### Great News!

As Participants in the Community Eligibility Provision All Elementary School Students receive Breakfast & Lunch for FREE!

Menus as well as other Food service information, including our Non-Discrimination Statement, are

Available on line:

[www.lpsma.net/departments/foodservice](http://www.lpsma.net/departments/foodservice)

Food service director: Barry Sbordy

[sbordyb@lpsma.net](mailto:sbordyb@lpsma.net)

Alternate/ Vegetarian meals include: Fruit, Vegetable, Non-fat milk  
Menus are subject to change Without notice.

WG = Whole Grain  
Chicken Entrees raised with No Antibiotics  
Ever, No MSG and No Trans Fats.  
This institution is an equal Opportunity provider.